

## Cancer Ministry Elements:

- Support Group
- Prayer
- Education
- Special Events
- Practical Needs

### Support Group:

It helps to talk with people who understand what you are going through. If your life has been touched by cancer (as a survivor, family member, caregiver, or friend), please join us for our monthly support group meeting to discuss the personal and practical challenges this experience brings in an informal, comfortable setting.

We meet at Hot Springs Baptist Church in Room 131 on the third Monday evening of each month. The meeting starts at 7:00 and ends by 8:30. Childcare is provided if reserved a week in advance.

### Prayer:

We believe in the power of prayer. An important part of having hope in trying times is knowing that others are praying for you. The prayer aspect of the Cancer Ministry exists to address the prayer needs of cancer patients, caregivers, and family members. Prayer needs for an individual are tracked on prayer cards that are maintained by the prayer ministry. We pray specifically for these needs by devoting prayer time to these requests during Support Group meetings.

## Education:

It is easy to be overwhelmed when faced with a cancer diagnosis. There are many resources to help patients and families gain knowledge about cancer and treatments. The education branch of the Cancer Ministry exists to bring information to survivors, caregivers, and families affected by cancer. The information is intended to help people understand cancer and to work better with their physicians.

We have material provided by the American Cancer Society and other organizations that will help with:

- Terminology
- Understanding Cancer
- Treatment Options
- Side Effects of Treatment
- Nutritional Information
- Information about Studies

Many other materials are available upon request.

## Special Events:

We believe in participating with others in our community to help those affected by cancer. As part of the Cancer Ministry, the special events team is responsible for organizing and publicizing events with a focus on raising awareness about cancer. We participate in the local Relay for Life event sponsored by the American Cancer Society, and help with the coordination of blood drives at our church.

## Practical Needs:

Those affected by cancer may have many needs. Emotional, spiritual, and practical assistance is important. The practical needs aspect of the Cancer Ministry focuses on identifying and responding to the specific needs of cancer patients, their families, and caregivers. This includes utilizing the appropriate resources within the church and the community to provide assistance with practical needs such as meals, lawn care, home care, transportation, etc.



**Anchor of Hope  
Cancer Ministry**  
Hot Springs Baptist Church  
144 Weston Road  
Hot Springs, AR 71913  
501-760-4744  
[www.HotSpringsBaptist.org](http://www.HotSpringsBaptist.org)

## Why We Are Here:

We know what you are going through. The people involved in the Cancer Ministry are cancer survivors or caregivers for spouses or family members with cancer. We also have people who have lost husbands, wives, parents, or children to this difficult disease.

We know that it is easy to lose hope and to feel alone. We also know that you are not alone. Talking and being with people who understand and will listen helps. We know that cancer is a journey with ups and downs. We know that it is uncomfortable, irritating, and draining. We also know that there is hope and comfort to be found.

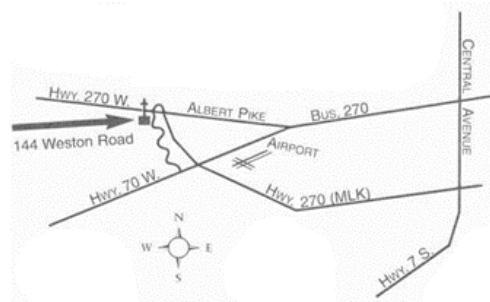
There are many groups for cancer patients. We are a Christian group. Our hope is based on God's promises to us. We offer to pray for you and your circumstances. However, we won't preach at you, try to convert you, or pressure you into any church activities. Our goal is simply to support you in any way that we can.

There is more information available about the Cancer Ministry at our website—[www.HotSpringsBaptist.org](http://www.HotSpringsBaptist.org). Please see the contact information at that site or call the church office at 760-4744 if you would like to talk with or email someone involved in the Anchor of Hope Cancer Ministry.



## Directions to the church:

Hot Springs Baptist Church is at the intersection of Weston Road and Albert Pike Road at the end of the Martin Luther King, Jr. Expressway.



Support group meetings are in Room 131 of Hot Springs Baptist Church on the third Monday of every month at 7:00 p.m.

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# Anchor of Hope Cancer Ministry



"We have this hope as an anchor for the soul...firm and secure."  
Hebrews 6:19

*We are here to make a difference in the lives of people in our church and community by offering God's hope and love through encouragement, practical support, education, and prayer for cancer patients and their families.*

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